



Didactics

Residents participate in a protected Wednesday afternoon half-day didactic curriculum designed to strengthen clinical knowledge, promote evidence-based practice and prepare for the American Board of Family Medicine (ABFM) Certification Examination. The curriculum combines faculty-led lectures, case-based discussions, board review, resident-led evidence-based medicine presentations, journal club and guest speakers with a variety of online learning modules that support independent learning and reinforce core family medicine topics. This blended educational approach provides a comprehensive and interactive learning experience throughout residency.

Integrated Team-Based Care Model

Sun Life Health utilizes an integrated team-based care model that allows residents to work alongside a multidisciplinary team dedicated to improving patient outcomes. Residents collaborate closely with clinical pharmacists and pharmacy staff to optimize chronic disease management, medication adherence, medication reconciliation and patient education, particularly for conditions such as diabetes, hypertension and cardiovascular disease.

In addition, residents work with behavioral health consultants, care coordinators, nursing staff, community health workers to address the medical, behavioral and social needs of patients. This collaborative approach helps residents develop the skills necessary to lead and participate in high-performing healthcare teams while delivering comprehensive, patient-centered care to diverse and medically underserved populations.



Community Engagement

Community engagement is central to the mission of the Sun Life Health Family Medicine Residency Program. Training in an FQHC setting gives residents the opportunity to care for a diverse and medically underserved population while learning to address the broader factors that influence health. Residents participate in community-focused care through patient education, preventive health initiatives, outreach activities, population health efforts and collaboration with community partners. These experiences help residents develop the skills and commitment needed to serve communities with compassion, cultural humility and purpose.

Scholarly Activity

Residents are encouraged to develop the skills of lifelong learners through scholarly activity, evidence-based medicine and quality improvement. Scholarly experiences include resident-led evidence-based medicine presentations, journal club, case discussions, quality improvement projects and opportunities for research or community-based scholarship. The curriculum also includes a dedicated Research experience during, supporting residents as they learn to evaluate medical literature, ask meaningful clinical questions, and apply evidence to improve patient care.

Family Medicine OB Elective Track

The FM/OB elective track offers additional maternity care training using their electives for residents interested in deliveries, women's health and newborn care. Residents receive focused mentorship, elective guidance and support in preparing for an FM/OB fellowship or a future practice that includes obstetrics, especially in medically underserved communities.